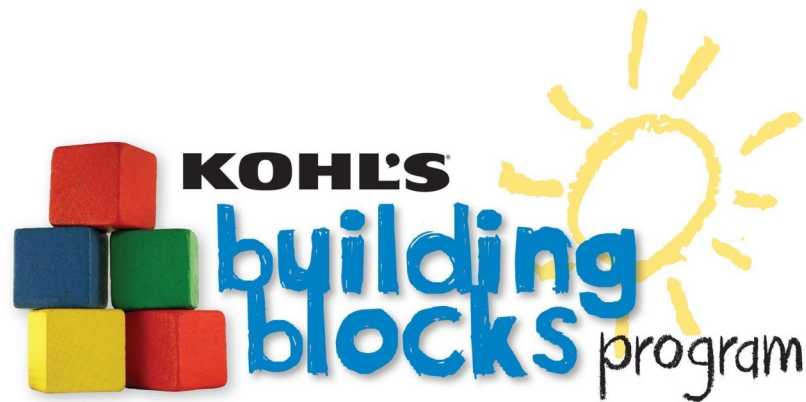


Parents & Professionals



Community Outreach Workshops

Penfield Children's Center and Kohl's Cares have partnered to bring you the Kohl's Building Blocks Program. This program celebrates the unique abilities of children and provides quality resources through hands-on experiences for children, parents, and professionals to expand their understanding of both typically developing children and children with special needs. Workshops can be scheduled, free of charge, within a one-hour radius of Penfield Children's Center.

For more information or to schedule a workshop, please contact 414.344.7676 or outreach@penfieldchildren.org.



Workshops For Parents

Workshops will provide a better understanding of child development (birth to five), suggestions for setting developmentally appropriate expectations, how to advocate for children and how to access community resources. Parent workshops are 45-minutes to one-hour in length; however can be adjusted to meet your needs. *Denotes workshops offered in Spanish.

Developmental Milestones in Young Children*

This workshop discusses whole child development (fine motor, gross motor, cognition, communication, social and emotional) and provides parents with tips for supporting their child's development.

After attending this workshop, participants will be able to:

- Define typical (healthy) development.
- Recognize typical (healthy) development milestones.
- Recognize signs or cues that may indicate a developmental delay.
- Name referral resources for ages birth to three and three plus.

Speech and Language Development*

This workshop discusses the speech and language development of children and how to help facilitate language development.

After attending this workshop, participants will be able to:

- Recognize typical and atypical speech and language development.
- Recognize the important role routines play in fostering language development.
- Give examples of how to talk to one's child in order to facilitate language development.
- Identify things to avoid when trying to facilitate language development.

Attachment and Your Young Child*

This workshop focuses on age-appropriate separation fear and anxiety and how to best work with children going through this developmental milestone.

After attending this workshop, participants will be able to:

- Discuss healthy attachment in children.
- Recognize common characteristics of separation fear and anxiety by age.
- Apply parent and caregiver strategies for coping with separation fear and anxiety.

Challenging Behaviors*

This workshop focuses on understanding challenging behaviors in young children. It will discuss behavior management strategies to use with young children and how to react to behavior problems as a parent.

After attending this workshop, participants will be able to:

- Recognize common challenging behaviors.
- Identify and use developmentally appropriate strategies for addressing challenging behaviors.
- Practice strategies that could help prevent challenging behaviors.

Developing your Child's Reading Skills*

This workshop discusses the importance of reading to and with your child; identifying and selecting age-appropriate books; and tips for raising a reader.

After attending this workshop, participants will be able to:

- Recognize the importance of reading to and/or with one's child.
- Identify and select age-appropriate books.
- Recognize tips for raising a reader.
- Name resources for free or low cost books.

Learning Through Play*

This workshop highlights the importance of play in a child's development. It will discuss different play strategies that can be incorporated into play to promote a child's development.

After attending this workshop, participants will be able to:

- Recognize how play promotes a child's development.
- Create a safe play space.
- Select toys that promote development.
- Name resources for low cost toys.

Workshops for Parents *(continued)*

Myths and Misconceptions Regarding Developmental Delays and Disabilities* (NEW)

This workshop discusses common myths and misconceptions that parents may have about developmental delays and disabilities.

After attending this workshop, participants will be able to:

- Define developmental delays and disabilities.
- Identify myths and misconceptions that may exist within a variety of cultures.
- Recognize signs or cues that may indicate a developmental delay in the areas of cognitive, social and emotional development.
- Discuss how to express your concerns with your child's healthcare provider.

Learning Through Our Senses* (NEW)

This workshop discusses sensory play and its important role in child development.

After attending this workshop, participants will be able to:

- Describe how children use their different senses to learn.
- Give examples on how to incorporate sensory play in daily activities for children.
- Discuss how to engage the sensory challenged child in sensory playtime.

Celebrating Differences - Teaching Children about Special Needs and Disabilities* (NEW)

This workshop will increase knowledge about people with disabilities and special needs as well as promote acceptance and inclusion.

After attending this workshop, participants will be able to:

- Explain special needs and disabilities to children in order to better address their questions.
- Model respectful behavior and disability etiquette.
- Recognize the difference between teasing, bullying and harassment.

Establishing Routines* (NEW)

This 30-minute workshop discusses the importance of establishing routines with your child. This workshop is a great addition to any parent meeting.

After attending this workshop, participants will be able to:

- Understand the benefits of routines.
- Develop and implement a routine with their child.

Workshops for Professionals & Educators

Workshops are designed to provide professionals and educators with information to about how to support the development and growth of all children. Workshops for professionals and educators are 45-minutes to one-hour in length; however, can be adjusted to meet your needs.

Developmental Milestones in Young Children

This workshop discusses whole child development (fine motor, gross motor, cognition, communication, social and emotional) and provides educators and professionals tips for supporting a child's development.

After attending this workshop, participants will be able to:

- Define typical (healthy) development.
- Recognize typical (healthy) development milestones.
- Recognize signs or cues that may indicate a developmental delay.
- Name referral resources for ages birth to three and three plus.

Workshops for Professionals & Educators *(continued)*

Speech and Language Development

This workshop discusses the speech and language development of children and how to help facilitate language development.

After attending this workshop, participants will be able to:

- Recognize typical and atypical speech and language development.
- Recognize the important role routines play in fostering language development.
- Give examples of how to talk to children in order to facilitate language development.
- Identify things to avoid when trying to facilitate language development.

Attachment and Young Children

This workshop focuses on age-appropriate separation fear and anxiety and how to best work with children going through this developmental milestone.

After attending this workshop, participants will be able to:

- Discuss healthy attachment in children.
- Recognize types of attachment.
- Recognize common characteristics of separation fear and anxiety.
- Apply caregiver and parent strategies for coping with separation fear and anxiety.

Challenging Behaviors

This workshop focuses on understanding challenging behaviors in children. It will discuss behavior management strategies to use with young children and how to react to behavior problems.

After attending this workshop, participants will be able to:

- Recognize common challenging behaviors.
- Identify and use developmentally appropriate strategies for addressing challenging behaviors.
- Practice strategies that could help prevent challenging behaviors.
- Discuss how to talk with parents or caregivers about their child's behavior.

Cultural Competence in regard to Child Development *(NEW)*

This workshop discusses the role culture plays in child development and explores common misconceptions in various cultures about developmental delays and disabilities.

After attending this workshop, participants will be able to:

- Describe what it means to be culturally competent.
- Recognize common misconceptions about developmental delays and disabilities in various cultures.
- Discuss how to approach a parent or caregiver when there is a developmental concern.
- Identify when and how to use an interpreter.

Celebrating Differences - Teaching Children about Special Needs and Disabilities *(NEW)*

This workshop will increase knowledge about people with different abilities as well as promote acceptance and inclusion.

After attending this workshop, participants will be able to:

- Explain special needs and disabilities to children in order to better address their questions.
- Model respectful behavior and disability etiquette.
- Recognize the difference between teasing, bullying and harassment.

Learning Through Our Senses *(NEW)*

This workshop discusses sensory play and its important role in child development.

After attending this workshop, participants will be able to:

- Describe how children use their different senses to learn.
- Give examples on how to incorporate sensory play in daily activities for children.
- Discuss how to engage the sensory challenged child in sensory playtime.